

Name _____

Learners Number

Gender Boy Girl

County Name _____ County code

Sub -County Name _____ Sub-county code

School Name _____ School code

1. Name **two** needs of a child for healthy development.

- (a) _____
(b) _____

2. List down any **three** types of food cooked at home.

- (a) _____
(b) _____
(c) _____

3. How can one take care during play?

- (a) _____
(b) _____
(c) _____

4. How is the ball supposed to be taken care of?

5. Name **two** games played at home?

- (a) _____
(b) _____

6. What causes illness?

7. When buying items used to cook at home in the supermarket one is required to have a _____ to guide him.

8. We need _____ and _____ to clean our homes.

9. How can you tell that your deskmate is unwell?

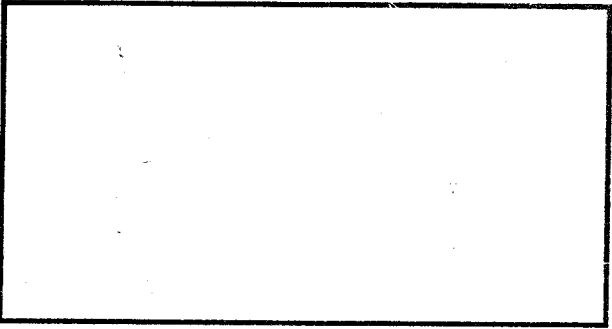
10. To prevent illness, a person should

11. Name **two** importances of having a shopping list as a consumer?

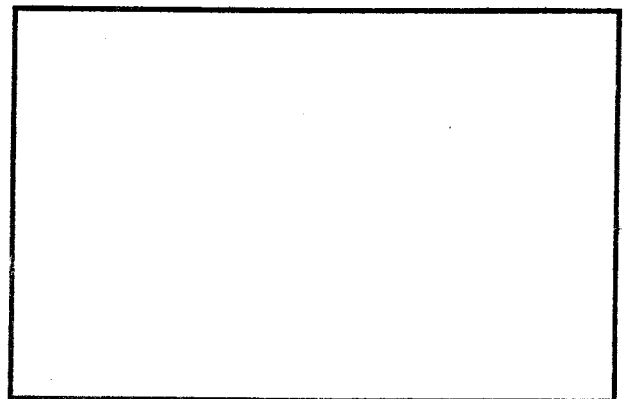
- (a) _____
(b) _____

12. We require _____ and _____
to make a shopping list.
13. Name **two** safety ways we should observe when making improvised materials and tools for cleaning
(a) _____
(b) _____

PHYSICAL HEALTH EDUCATION

1. Name **three** games that you play for fun and enjoyment.
(a) _____
(b) _____
(c) _____
2. The ground or surface that is oval in shape used by athletee is called _____
3. Draw goal post in space below

4. How many teams are required in a soccer game? _____
(1, 2, 11, 12)

5. In the space below draw an athletics track with 6 lanes.



6. Which command in a fair play means start in a race? _____
(on your mark, start, Go)
3. State **three** qualities of a fair play in sports and games.
(a) _____
(b) _____
(c) _____
8. We kick the balls using _____ when playing soccer game.
9. The **best** soft ball is made from materials like _____
10. The passing of the ball that you perform from a kneeling position is called _____

Teacher's scoring guide:

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
SECTION A HOMESCIENCE (1 - 13)				
SECTION B PHYSICAL HEALTH EDUCATION (1- 10)				